February 12, 2020

To: The House Committee Members on Judiciary
   The Honorable Chris Lee, Chair
   The Honorable Joy San Buenaventura, Vice Chair

   The House Committee Members on Consumer Protection & Commerce
   The Honorable Roy Takumi, Chair
   The Honorable Linda Ichiyama, Vice Chair

Re: Strong Support of HB2043 HD1, Relating to Adolescent Mental Health Care

Hrg: February 12, 2020 at 2:05 PM at Capitol Room 325

The Hawai‘i Public Health Association (HPHA) is a group of over 400 community members, public health professionals and organizations statewide dedicated to improving public health. HPHA also serves as a voice for public health professionals and as a repository for information about public health in the Pacific.

HPHA strongly supports HB2043 HD1, which would allow unlicensed mental health professionals, working under the supervision of a licensed mental health professional, to provide mental health treatment or counseling services to minors without parental or legal guardian consent.

Adolescent mental health is a public health priority and growing issues. Approximately 20% of teens experience a serious mental health disorder during their lifetime.[1] The number of adolescents who experienced major depressive episodes increased by almost a third from 2005 to 2014.[2] Mental health disorders can impact a variety of daily activities and functioning (e.g., relationships, schoolwork, sleeping, and eating).[3] Access to appropriate mental health services can make a difference in the lives of adolescents with mental disorders.[4] This measure will improve such access for adolescents. Early intervention and treatment can improve their health and well-being over the course of their lives.

Thank you for the opportunity to provide testimony on important health issues affecting people in Hawai‘i.

Respectfully submitted,

Claire Townsend Ing
Legislative Committee Chair
Hawai‘i Public Health Association
Literature Cited: