

# HAWAII HEALTH EQUITY SUMMIT

**September 10-12, 2009**  
**Hawaii Convention Center**

*Sponsored by:*



# **Hawaii State Health Equity Summit**

## **Day 1, September 10, 2009**

(optional, with additional cost)

Mauka to Makai: health equity in Hawai‘i today

Starting at Ho‘oulu ‘Āina, the community-based health and environmental program operated by Kōkua Kalihi Valley, and ending in Waikīkī, participants will have the opportunity to work and observe the determinants of health in action. At Ho‘oulu ‘Āina, a unique program located at the back of Kalihi valley, a poor, predominantly Native Hawaiian, Pacific Islander and Filipino community in urban Honolulu, participants will first tour and then work on a project which combines food security and cultural practices on a 100 acres of land. From there, participants will travel to Waikīkī, formerly home of the ali‘i (chiefs) of Hawai‘i, and now center of the tourism industry, to learn how an area which was formerly rich in agriculture and other cultural resources became a world-recognized tourism mecca. Participants will then discuss the impact of this transformation on healthy equity in Hawai‘i, and their experiences of the day.

## **Day 2, September 11, 2009**

### **8:00 – 8:45 Welcome and Introduction**

Lieutenant Governor (invited)

Director of Health, Chiyome Leinaala Fukino, MD

James Rarick, Executive Director, Hawai‘i Public Health Association

### **8:45 – 9:00 Summit Overview - Kawika Liu, MD, PhD, JD**

The Hawai‘i State Health Equity Summit will serve as a vehicle for the people of Hawai‘i to hear why inequities exist in health, what some of these inequities are, and what some communities are doing to address these inequities. On the second day, community members will participate in different tracks, focusing on areas such as physical and mental health, education, the built environment, and others in order to delineate problems and solutions to the determinants of health in Hawai‘i.

### **9:00 – 11:30 Macro to Micro – Social Determinants of Health, policy to healthcare**

Speaker – Theories of Socioecological/Social Determinants of Health – Vickie Mays, MD

Speaker – Health Impact Assessment

**11:30 – 1:00** \*Lunch – on your own

*\*See list of lunch options at the end of program*

**1:00 – 1:30** Afternoon Plenary – Jon Okamura: Ethnicity and inequality in Hawai‘i

**1:30 – 5:00** Where We Stand and Where We Sit: Data on Health Inequities in Hawai‘i and the Pacific

These panels will define some of the inequities that exist in health across Hawai‘i and the Pacific, as well as what some communities are doing to address these inequities.

Panel 1: Physical health inequities and community solutions

- Robert Hirokawa, PhD
- Ann Pobutsky, PhD
- Loretta Fuddy, ACSW, MPH – Maternal and child health

Panel 2: Mental health inequities and community solutions

- Keawe‘aimoku Kaholokula, PhD

*Break*

Panel 3: Rural/urban inequities and community solutions

- Lee Buenconsejo-Lum, MD
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Panel 4: Social inequities and communities solutions

- Neal Palafox, MD
- Micronesian Health Advisory Coalition

RECEPTION

**6:00 to 8:00 pm** Gordon Biersch. Come and meet your fellow participants in an informal setting.

*\*Lunch Options*

*If you exit to the left of the Convention Center onto Atkinson Blvd. you'll see a strip mall with a Subway and Blazing Steaks just across the street. If you continue walking about a block on Atkinson toward the ocean (away from Kapiolani Blvd.) you will be at the Ala Moana Shopping Center (just after the Ala Moana hotel also across the street from the Convention Center). At the shopping center there is a food court called Makai Market located on the ground floor with many eating options available.*

## **Day 3, September 12, 2009**

**8:30 – 9:00** Carmen Nevarez, MD, MPH, President-Elect, American Public Health Association

### **9:00 – 11:00** Breakout Sessions

Track 1 – Chronic Non-communicable Disease and infectious disease – Neal Palafox, MD, facilitator

This track will focus on the determinants of cardiovascular disease, diabetes, obesity, cancer, and pulmonary disease and how to reduce disparities in these disease burdens faced by different populations. This track will also focus on the determinants of infectious disease, and how to reduce disparities in infectious disease burdens faced by different populations.

Track 2 – Mental health – Pat Uchigachiuchi, PhD, facilitator

This track will focus on the determinants of mental health, and how to reduce disparities in mental health burdens faced by different populations.

Track 3 – Health Promotion/Primary Care – Clifford Chang, MPH, CHES, facilitator

This track will focus on primary care as a determinant of health, as well as how primary prevention measures such as physical activity and healthy eating promotion can contribute to health equity. The track will also highlight the critical area of preconceptual, prenatal and early childhood health as an opportunity for intervention to promote health equity.

Track 4 – Built Environment, Housing and Transportation Justice–Laura Dierenfield, facilitator

This track will focus on the built environment as a determinant of health. Topics will include access to opportunities for physical activity to safe streets, workplace/home proximity, and other factors. For housing, the track will focus on ensuring access to affordable, clean, safe housing as a minimum for all in Hawai‘i.

Track 5 – Education – Cathy Tanaka, facilitator

Gail Awakuni, PhD, Campbell HS - presenter

This track will focus on education as a determinant of health, and how strengthening educational opportunities can improve health equity, from socioeconomic status to general literacy and health literacy.

Track 6 – Cultural Equity – Kimo Alameda, facilitator

This track will focus on achieving cultural equity in health, from language access to achieving cultural competency in all phases of healthcare delivery.

Track 7 – ‘Āina and Hai/Environment and Food Security – Kate Gaynor, facilitator

This track will examine the protection of the land and waters, fresh and ocean, as a determinant of health, as well as access to affordable and healthy food as fundamental to health equity. Topics will include both preservation and restoration, as well as neighborhood and statewide access to locally grown, healthy staple foods.

Track 8 – Law and Economy

Kawika Liu, MD, PhD, JD, Chris Derauf, MD, and Kehau Watson, PhD, JD - facilitators  
This track will examine the links between the political and legal systems, the economy, and health. Topics which may be discussed are equity and inequity in the criminal justice system, the role of policy in shaping health equity, and whether there is a need to diversify the economic base.

**11:00 – 12:30 pm** \*Lunch – on your own  
*\*See list of lunch options at the end of the program*

**12:30 – 2:00 pm** Breakout Sessions – continued from morning

**2:00 – 3:00 pm** How do we get from here to there? Advocacy and organizing (Kehau Watson, PhD, JD, Elmer Ka'ai)

How do we get from our preferred solutions to actual policy changes? The last national election showed the power of community organizing. How do we organize to effectuate systems change? How do we organize communities to have influence on local, state and potentially national levels?

**3:00 – 5:00 pm** Wrap up – The Hawai'i State Health Equity Plan  
Presentations from groups and town hall forum on the State Health Equity Plan.

*\*Lunch Options*

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**Resources**

For a complete list of resources for the Summit, please go to our website:  
<http://sites.google.com/sites/hawaiihealthequity>, and look at the Library page.